



Spirit Matters Newsletter

Inner Re-connection for Self Empowerment

December 2006

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**-- Family and Healing**

Dear All,

Best wishes for this Holiday season! I hope everyone is well.

I recently attended a workshop on 'Healing the Family Systems', and wonderful it was too. The focus was on understanding the phenomena and dynamics of Family Constellations as created by Bert Hellinger, the psychotherapist and how the new Resonance Repatterning by Carin Block used this information.

I was curious about family dynamics from Spirit's perspective and got this reply that follows. I also have written an article to give more information about the Healing the Family System repatterning and Bert Hellinger's work which is now posted on my website. You will find the link below.

Have a safe and wonderful holiday season and blessings for all your New Year endeavors! Cheers!

Love, Vivienne

**Family and Healing**

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Dear Divine Energy of All That Is,

Hi! I haven't been in contact for a long time. I apologize. I suppose I have been doing it by myself again.

We love you, Child. Do not despair at the thought, or idea of the consequences of this. You have done so much to acknowledge and be aware of us that you are being entirely too harsh on yourself to think that you could create any catastrophe to yourself because of it. Please be at peace Child, and know that we love and care for you very much. Our hearts go out to you as you transition to the next level of you

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experiences on the earth plane. You are now coming into your own energy, not supplied by anyone else and this is good news. We are rejoicing at the transformation and we welcome you to fully feel our energy and love so that you may create safety within your own heart. A place to go that is always on your side.

Thank you, Guidance. Your pep talks are something that does indeed help me tremendously and I am sorry that I don't recognize how this can help me all the time and not just when I am suffering. I guess this is a human trait and I would do well to discipline myself with it.

Perhaps in future Child, you would see that we can laugh and have fun with you even when life is not a struggle. In that way you will know that our presence is always available to you as family always is.

Ah, can we talk about family? Can you dialogue with us about family in spirit, and I'm not just talking of our loved ones who have passed on? Is there a correlation between our spiritual family and the one we are born into? Can you tell us of the differences and the similarities?

Peace be with you Child, as you witness the unfolding of the light, a doorway opening into your greater awareness.

Until recent times it was believed by most humans that the greatest allegiance was to the familial one. People found themselves culpable to the energy and movement of that energy as it presented it self outwardly from the family core.

You arrived as a collective, from the earliest of time, onto the earth plane in good standing with God and the energy of the Divine. By this we mean that the signature stamp on your individual energy field was not demagnetized to falter away from the true track of home energy. You always were aligned and perfectly in harmony with your true nature.

As the energy began to disengage itself from the track of home you entered into a communion with your ego self as opposed to your true divine self. As time has passed, you have increasingly engaged in setting up small enclaves of energy that are similar in nature and vibrancy. You witness this in your world today as races, similarly affiliated national and religious organization and families.

As families are the most closely entwined connection to your divine self your allegiance, yes loyalty, remains strongest. Your differences with others heighten your connection to your family and subsequently, though less strongly but still impactfully, into other organizations.

Let's take note of what this creates for you in your experience of humanity.

Inwardly you have a pathway that leads directly to the truths of your natural connected Divine state. Here you encounter the uncomplicated but deeply penetrating reality of ALL That Is. This source of succor nourishes your soul making your human experience meaningful. It is the rubber stamp, if you will, for your personal choices; sanctioned by your own deepest inner authority.

Survival on the earth plane is indeed nothing to be sniffed at. It is vitally important that you accomplish those tasks that literally keep body and soul together. It is therefore entirely necessary to be able to enter a state of adulthood on the earth plane having had, at least, your basic needs met for survival; otherwise you could not easily navigate this reality you inhabit.

You have survived, by enlarge, by the innate ability you have as a young one to

imitate what has kept others surviving before you. As elders are considered authorities, simply by the fact that they have been around longer than the child, it is expected that they pass on what they have learnt to their offspring.

At first, little ones were shown how to move across the earth reality in keeping with what was necessary but encouraged to learn from all of their spirit brothers and sisters who moved their energy across the earth plane. As fractions and the differences over how to use power on the earth plane came to be, little ones were disconnected from the collective holistic benefits of their elders as all began to move into living in packs, as it were.

Packs formed out of the necessity to keep belief systems going. At first, the movement of packs encouraged great freedom of thought and possibility of expansive experiences, but as the abundance of earth needs diminished in relation to the lowered energy within thought forms, abundance significantly altered and scarcity precipitated greater division within packs.

Eventually it has come to pass, that the lowest thought forms of survival, which correspond to your first chakra needs, have superseded all other more desirable and more fulfilling expressions of your Human Divinity. Making it almost impossible now to separate your self from the very traditional concepts of what is family without almost certain painful angst and immense energetic disturbance.

It is much easier to move out of nationalistic and religious confines that do not support your inner connection to your Divine state because ultimately, you behave differently in those environments. You can bond yes with these organizations, but you are not required to disassociate your own essential roots to do so. In many cases, if you had to choose between family and an organization to which you are affiliated, you would sever connection to the organizations first because your roots go much deeper in your family of origin.

It is true that there are some groups whose spiritual connection and family roots are so intertwined that organizations are chosen over their families. This is particularly evident when cultural and familiarly divisions are incapable of being distinguished. The Jewish nation is one example of this. Family roots and spiritual family is so strongly engaged within the Jews that even among others on the earth plane that do not currently embody their Jewish spiritual ancestry, this close connection is perceived with an almost indefinable knowing.

It is the most evident example of the uniting of spiritual family with earthly family witnessed on the earth plane today, and stems from a deep understanding of the role that Jews have undertaken to represent peace or in other words, your returning to the state of unification with your full Divine status, the re-magnetizing of your path homeward.

Wow! that's pretty profound. So there is much more to families than I was obviously aware. Tell me, is it detrimental to remove oneself from one's family of origin as a way to heal the family dynamics or is there another path that we can take?

Let's look at some recent studies on the subject. The latest insight is that the genetic components that hold your information intact, your DNA, is a formula derived from an amalgam of your genetics and the incorporation of all the data you have amassed as a result of your earthly experiences. It is know that you are able to transcend your family genetics by superimposing a core of cellular memory material from elsewhere that is not inside your own family and genetic composition, producing a different outcome from what was already predetermined. In other words, why do some folks continue to exhibit symptoms produced by certain DNA sequencing and others do not

even when both carry the same data?

What has come into the light is the understanding that you have another more powerful influence on you than what has been defined as basic biology. Remember the division of humans into packs based on differences of belief systems? Here is where it gets interesting. Thought forms that are unchallenged remain in effect and create biological sequences that too remain intact until the thought form creating the DNA sequencing is affected in some way.

It matters very little if you chose to live out of range of your family and on the other side of the planet, (*a dig at me, folks!*) you will still exhibit symptoms of familial allegiance because the thought form belief is imbedded in you DNA sequencing.

What are the implications of these studies? Well, for one, it means that wherever you are, there you are, and your mother and father and grandparents and great grandparents are all there with you. Yes, all of the strange and weird and wonderful varieties of Human Beings that make up your family are all within you and act upon you AS IF YOU ARE STILL in alignment with their thought forms.

Know this, there is no delineating line between you and your ancestors living or passed; meaning there is no thought form that you carry and is de-energizing, that cannot be realigned ON ANY SIDE OF THE VEIL. And what one member does ANYWHERE has an effect and changes the DNA sequencing.

Your life experiences all move you to heal the imbalances in your life, have you noticed that yet? When it is healed, it is healed for all. And as your original family has more far reaching energetic tendrils than your eyes can perceive, you cannot, while still Human, know of what benefit you do by healing what is in your own backyard until you too have passed on to the other side. Why do you think the energy of so many of your loved ones hangs on around you after they have departed? It isn't because of the funny things you do, they wish to encourage you, the best way they know how, not to choose the same repetitions leading nowhere that they did.

So the message is clear. Take care of what you carry even if you believe the responsibility for the mess belongs to someone else. If it is in my world and I experience it, I need to heal it. Is this right?

If you want to come home, Child, you are on the right path.

Thank you, thank you very much.

You are welcome child, as always.