



Spirit Matters Newsletter

Inner Re-connection for Self Empowerment

January 2006

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Hello Everyone,

I hope this newsletter finds you well and hopeful for this year 2006. I wish you all the greatest possible most loving outcomes to your creations for the coming months! And from what my guidance is saying this is a great year to stay anchored to our highest vision of what we would like our future to be.

This month's newsletter focuses on some potential for the coming year and also the physical nature of our personal expansion. For I am aware that tiredness and lack of energy seems to be an ongoing theme in my life and was curious to know why. The information posted here about tiredness and how it relates to expansion is written for me specifically, however, you may find some connections. At the very least the underlying explanation of expansion I thought worthy of sharing.

I am announcing here also that my website is ready and is the place to access this and archived newsletters, to read other posted dialogues I receive from Spirit and to describe, offer and purchase my services of Channeled Writing, Tarot Reading and Holographic Repatterning. The web address is www.viviennturkington.com and if you click through from this email you will be taken there.

Welcome to my website! I hope you enjoy your visit as I hope you enjoy and benefit from reading this month's Spirit Matters.

In love and light,

Vivienne

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Potentials for the Energy of 2006

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*Dear Divine Nature Of All That Is,*

*What would you like us to know about the potentials for the coming year of 2006?*

Be prepared to feel us Child as we alight around you, whisper to you our songs of love and gratitude and welcome you into the Energy of Home.

See in the coming year the thought patterns related to anger and despair coming to the forefront. See the energy of anger and despair reaching a peak with the word, "Enough!" attached demonstrating recognition of the futility of continuing down the path that currently anger and despair has placed you on. The culminating thought patterns of anger and despair rising to a peak this year provide an irresistible opportunity to find new solutions to old dilemmas.

### **Out of the mouths of babes come words of wisdom.**

This year you will begin witnessing the raised voices of the first wave of Indigo Children in a major public demonstration. They will make their lineage known and they will use their experience of the Earth plane as bedrock for building a better future, and by better we infer the activation of a path that provides opportunities to solve the great despairs and angers of your world.

This is the year the voices of the young will begin to infiltrate your old worn out patterns of thought and subsequent changing behaviors and attitudes.

You will witness a lack of willingness on behalf of the young to play at war. There will be a total intolerance of the prevailing trend to fight to the death for someone else's failed vision.

You will continue to see a decline in your troop's enrollment for military service. Participation will decline as futile attempts to subjugate people and force others by will to adhere to philosophies that do not account for all to grow and experience their reality independently from other's forceful influence become evident.

The time has come where many systems of government will beak down under the strain of the lack of support and intolerance for appreciating and recognizing that the Earth is precious and needs tender loving care. This is the year when the ugly gets uglier and it is obvious for all to see.

The potential for much non-coherence is evident as you strive to adhere to old, worn out methods of applying logic to criteria that calls for new thinking. There is a predominant theme rising out of the chaos and it is labeled, "There has to be a better way." This call then becomes the fundamental signature that instigates the energy to

find greater solutions to your current dilemmas warranting change.

Find within your hearts the place of peace that is your solace in these advancing times. Make sure you are hooked up to your heart and your Divinity in the most fundamental way. This will provide the essence, the Home point of change which supplies the key ingredient of collective unity and meaningful empowered solutions.

You do not need to be afraid or go into fear. It is the call of the broken that is asking to be made whole. Be as the emergency worker who witnesses the need and becomes the useful tool in repair, not adding to the need but finding a solution from a higher vantage point.

The simmering pot of Earth entanglements is being stirred and the stuck parts on the bottom are coming to the surface. Again it will look ugly but recognize, if you are able to witness the ugliness that it will stir your hearts to allow change to occur.

The very good news here for you is that you have diligently prepared your selves to stay focused within the Light. Yes, of course we understand you get discouraged. You see atrocities, pain and suffering and wonder if you make any difference at all. Let us remind you of the way the world would be if you had not seen the Light. It is because of the unifying nature of 'holding the Light' (the vision of your highest selves) that you have created an energy field capable of containing the distortions within it. You have successfully risen up the distortions to be examined and then propelled the energy forward asking, "What do we do about this?" Before this point the distortions were invisible to your eyes. That is no longer so.

You may not be directly on committees or in governments upon the Earth. However your energy choices are now supplying a more profoundly unifying source of energy which is creating components capable of shifting you out of some of the worst case scenarios Human Beings have had the free will to create.

From our standpoint your container of Light is a beautiful and glorious creation. It is a light band that sits directly over the Planet Earth. It provides the means by which you can 'ascend' lower density bringing it into balance with the rest of the Universe. Singularly, it is a momentous event. It heralds the dawning of a new age. The light at the end of the tunnel as it were.

Peace discussions, peace talks, peace conferences will abound this coming year. Wholehearted action to bring to the table the messes of the world and discuss the global impact is the agenda. For the most part discussions will focus on planetary Earth changes in the form of global warming, pollution, famine and aggression of nations over others.

The focus of these peace gathering are primarily to decipher a unifying language that quickly accesses the common threads among all people so that unifying action can be taken. Many of the discussions will be about 'how to talk about how to talk to one another.' It is a ramping up to an agreement on the way language is used to create an arena for new thought forms to flourish. Until a new language is agreed on it is

difficult and almost impossible to make advancements on solutions that have continued to elude you for generations.

Common language creates tangible awareness of the effects of global issues. So this year you will witness many opportunities to come together and talk about talking. This is frustrating indeed if you are looking for immediate action. Hopeful however, if you are planning long term solutions that truly do unify and provide opportunities for growth and expansion into your greater Divinity.

You will also witness a focus on Home, returning Home or creating Home. There is a pervading sense of needing family, friends and connection, and the word Home invites all that to be included within it. Finding one's place, being accepted, understood and valued will also be themes that are manifesting predominantly under the umbrella of Home and you may find yourself wanting to have more connection to your neighborhood, friends and loved ones than previously expected.

As you continue to gather your energies to expand your growth to be in a compatible confluence with the rest of the Universe, you are moving toward a strong sense of self and who you are. But rest here for a while with Home, family and friends rejuvenating your Spirit, as this will springboard you into making a committed effort to clean up what is 'out there' and advance Planet Earth toward being a real home for all people.

*Thank you, Guidance.*

Yes Child, it is a pleasure to serve.

## Expansion and Tiredness

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January 10, 2006

I would like to know, why I am so tired.

For a while now you have exerted yourself to accomplish that which internally provides a conflict for you. The conflict, the stress of dealing with the push and pull of it, is tiring to your physical body. Yes, the conflict consists of wanting to be out in the world and yet not wanting to be out into the world. You are pushed and pulled by the desire to stay very safe and the desire to expand.

Hopefully you will comprehend as you write there is no emergency, no desperate situation that warrants the choice to move forward specifically just to resolve the dilemma which eventually will calm and balance itself out. However the energy the conflict is announcing says it is ready to move forward.

We provide an arena or space on this side of the veil for you to toss your dilemma back and forth. You dialogue with us on a regular basis and more often than not around this topic because it is a construct in your time space continuum where fear has prevented full Divine expression without limitations. You would like to feel the comfortable safety of your world not impinged upon by others and yet you realize

your development as a soul entity requires expansion through rubbing shoulders with others. We caution that it can be done at a pace that is pleasant for you but that it is indeed a requirement for expansion. Therefore you will have to continue to attempt to move outward at some point while you are physical.

The requirements to expand are in keeping with Universal law that states once re-connection to your Divinity is activated then taking on or resuming the potential for more Divine awakening is called for and called forth.

Place yourself then in a position to understand what is truly being asked of you by becoming conscious of what motivates you.

Let us bring awareness to the fact that you are an expanding point of light. (This will suffice to initialize an understanding of what you are, of what your essence comprises.) The point of light has a unique signature which is fueled by an enchantment. This enchantment activates a direction for your future choices. Yes, you're right, let us discuss the meaning of enchantment.

With the spark of the initial impulse that gave form to you, your point of light, out from the 'mouth of God' came a 'chant' or a repeated wave of activation represented by the phrase, "Go forth and multiply". Supplied within that 'chant' is an energy that says you are a Divine creation from out of Myself, My Child, and as such have the unique imprint of my energy upon you and are made in my image. Another way to say it is you have God's signature or mark upon you. And yes, like a finger print it is indelibly upon you. Your finger printed point of light experiences its uniqueness from its creator by expanding outward fueled by the energy of enchantment. The state of (en)ergy + chant + me(a)nt (meant to be- cause and effect; intention and manifestation). Yes, indeed it is magical, as enchantment implies and as it directs.

Focused now within the energy of enchantment the "word from God" from which all else becomes, you move through your possibilities of experience and retain those memories as building blocks for future choices. Experience comes in the form of manifested outer circumstances entered into from the impulse of enchantment because God supplies the outlet for this spark, light or creation, or the 'you' Child to complete the cycle of creation: the beginning, the middle, and the end. In the beginning was the Word. The Word gave itself form and the Word experienced its form, and the Word understood what it was from experiencing itself as form. Then the Word wanted to understand itself as a different Word continuing to understand its own possible vocabulary and all that it was capable of creating under the original enchantment, "Go forth and multiply!"

There are plateaus then that exist within the wave of manifest reality as you move your signature outwards. When one wave of experience is completed there is a resting point. You could also call this an integrating point. It is a stage of allowing the energy of a particular experience to complete the outward expansion of its cycle, rejoining the Word that created it and making it whole once again. These pauses or stages of wholeness not only supply you with a rest but also begin to fuel you for the next expansion phase to come. This you would call the in-breath and the out-breath of God's creation, those plateaus on either end. At either point there is no-thing

happening other than wholeness reintegrating its energy unto its self.

The particularly strong message taken out of the times that you are now living correspond to this outward breath, the expanding phase. There has been a pause of a no-thing happening on your planet for a very long time. By this we do not mean you are not advancing technologically or even physically but in God Conscious awareness collectively you have been resting on a plateau for a very long time and with it a decline in overall awareness of self as Maker/Creator.

You are at the rectifying point. You are collectively hitting up against the enchantment to go forth and multiply (multiply awareness of Self). It is very personal for each of you now that live upon Planet Earth.

This is similar to a season that has ended and is beginning to move into the next. You are now moving from your winter of individual isolation and separation out into the open and the warm face of the spring sun. When you look at the sun you are literally gazing on your Maker and you are being asked to spring forth, move outward.

So the dilemma of the tiredness comes from this. You are emerging out from your long period of hibernation not sure whether you really want to wake up or not. You were snug and warm, cozy and comfortable forgetting who you were for a period of time but now that you are waking up you recognize you are aching from non-use and you wonder if you have enough energy reserves to move forward once again.

We strongly urge you to recognize that by the very nature of your awareness of the present stress that you are indeed at the point of expansion once again. And know this; the wave that you are riding is part of the most extraordinary in Human history. In knowing this please recognize that you are not alone and that many are being asked to shake off the illusions that living on the Earth plane induces.

If the question arises, "Who do you think you are to believe that you are an enchantment from God/All That Is?" then know that you are facing the illusions of a passing definition of yourself that no longer serves and has completed its cycle. Know indeed that you are a Child of God. Your Divinity shines from every aspect of YOU. You cannot hide it as much as you think it possible. Advancement toward your Divinity is your Divine right, and as you are All That and a Human Being you require experience to fulfill your definition as a pulsating God force within the Cosmos.

So we encourage you to now have those experiences that express the truth of who you are. It is not necessary to hide anymore. You are loved and provided for as you move forward. Take heart knowing you will always encounter your self as the Divine Spark that you are, so please rejoice in knowing you can never fail.