

# Spirit Matters Newsletter

Inner Re-connection for Self Empowerment

May 2004

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-- Inner Authority

Hello Everyone,

Writing and connecting to Spirit challenges me to review my way of being in life to live with higher integrity. As a Human, I sometimes want a holiday, (euphemistically putting it). I have to admit, I just took a holiday!

Still the desire for connection to Home is a strong one in me, so onward!

In this piece I wanted to know about inner authority; the place of connection to Home that becomes our highest place of direction.

As the word 'authority' has somewhat negative connotations in our lives, I looked up the word in the dictionary already realizing that 'author' and 'authority' appear to have something to do with one another. Here's what I found:

- o Au·thor n. 1. The original writer of an original work  
2. An originator or creator  
3. Author. God  
From Latin auctor, Middle English auctour

- o Au·thor·i·ty n. 1. The power to enforce laws, exact obedience, command, determine or judge.  
2. Power assigned to another  
6. A conclusive statement or decision that may be taken as a guide or precedent.  
8. Confidence derived from experience or practice; firm self-assurance.  
From Latin auctôritâs, from auctor-creator

Ah, so authority comes from the root word for creator. Well, as I believe we inherently are given the power to create, I now understand how to use authority with a new perspective.

What follows is what my Guidance had to say on the subject.

Love to you all,

Vivienne

## Inner Authority

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May 6<sup>th</sup> 2004

*Dear Guides, (I verbally invite and allow my guides to join me.)*

*How do I access my own inner authority and follow my own truth and joy which may differ from others? How do I follow my path and purpose even when I'm afraid or have difficulty knowing what that looks like?*

Well Child, you've already hit upon the first dilemma present when anyone ever compares their path or Earthly journey with that of another. What it looks like is happening to you will often be upsetting or disturbing in relation to what it may feel like is right and necessary for you.

Remember as you begin to change your perception and move your focus onto separating out to the collective the thoughts you have that are empowered by the need for change will have an impact on the body/mind system.

When you have a thought, for the body to be able to digest this impulse or directive and create movement toward fulfilling it, it must turn that thought into a feeling. The feeling connection to the thought, which doesn't necessarily have to be the truth or be truthful, needs to exist in order for the body to digest it. So what is needed is the energy behind the thought. It needs to have a vibratory rate, a signal in which to project and initiate a magnetic reception. If a person thinks a thought but has difficulty eliciting a feeling to go along with that thought then there is very little energy to empower the thought to manifest, which is often a beneficial safeguard given there are so many thoughts from the human collective that do not, as you begin to move toward your inner authority, augment you. Those you do keep will have a vibratory rate associated with a feeling or felt sense of desirability or willingness to happen and these thoughts you empower and will manifest.

When you first recognize that your Earthly path may be a separate one differing in tone, timbre and energy from those around you, the first emotion at that thought is fear. Separation from the collective understanding leaves individuals highly charged to try to somehow make the connection to individualism recede, so that order and collective harmony can ensue. It is very difficult at the very beginning stage of individuation from the collective to make a strong statement of desire to separate because as the feeling of 'going it alone' naturally unfolds, it seems to speak, "Danger". How often have you noticed in your own life the desire to speak up or say what you know is your truth but you hold yourself back because you do not want to place yourself outside the pack?

This then, is the first step of understanding your path which separates you from others. It will feel unsafe and by feeling unsafe, you will naturally assume you are doing it wrong. It is not until the day that the emotion to hold in one's truth is more painful than speaking one's truth will the journey to find your inner voice become a committed one.

We are presenting you with an understanding of what your path may be like but this is not absolute in any way. There are many who just wake up one morning and know without a doubt that life must change from that day forward without hesitation or remorse. What we are underlying here is the general approach most experience when they begin to separate from those collective thought forms which can no longer comfortably define you but continue to maintain a holding pattern within your current society.

*How does an individual access a strong connection to their inner knowing and authority and what are some of life's situations that trigger it?*

Within your own experience you were repeatedly restricted from having a safe arena to allow your inner voice to come up from your internal world viewpoint and speak openly and freely without recrimination. It is true Child, that when a person, even a child speaks their truth, if it 'reminds' another of where they are blocked or protected, others will seek a way to silence that voice. Children are generally more truthful than adults. They have yet to learn those social mores implemented to safeguard other's feelings. Hence, children hit the mark more often than not and therefore are silenced more often than not if the truth cannot stand the light on another's restriction. To compound further the restriction placed on your truth you were systematically abandoned emotionally.

We have spoken of this in the past. It is worth repeating here. Children connect to their parents through a heart centered streaming of energy. This energy connects your heart to the hearts of your parents or appointed/anointed guardians. If the receptors for the receiving of this energy is blocked or closed off then you are left emotionally hanging, like long reaching arms flailing to make contact in the dark. The lack of connection pulls the child ever further from its center and its source, and diminishes the light. Yes, that light begins to fade. Eventually so much energy is just placed on physical survival that any allowance for the dynamic life-changing experience of witnessing the presence of itself as the Divine is temporarily lost.

*So that's my past. What about others?*

We recommend that you stay close to home on this one for you will find that others you share this transmission with will identify very closely with your early experiences.

*So are you saying then that we are all individuated at the beginning of our time here on Earth right from birth?*

Oh yes Child, for you all have your own unique signature. You all have traveled a long way to arrive at this point of time, this 'now' juncture on Planet Earth. You are not babies as you perceive little ones a birth. No, that is quite funny. You have physical limited bodies yes, but not physically limited Universal minds. You are all quite grown up when you arrive.

*So given the right permissive environment, individuals would be already on their inner directed path from birth?*

Oh yes! Oh yes! Indeed that is true. This is quite the most important thing to recognize. What supplies babies with the optimum environment to deeply trust and allow their inner voices to speak clearly and be well heard are the words of love and encouragement. Too much restriction harbors poor self actualization, like the potential for the light bulb to shine brightly but won't because no one flicked on the switch.

*I understand. What are some of the circumstances that change that orientation from compliance to social norms to individuation?*

When life is no longer dynamic; when it is dull, lifeless and without energy; and when the call to perform can no longer be tolerated. When the curtain rises but the show cannot go on. When life is essentially 'over' for a being but the physical body is still alive.

*What can we share with people to help them transition from their lifeless living death state to one that's joyful, meaningful and useful? We certainly need all the Divine assistance we can get right now. How can we power that assistance by making it safe and comfortable for folks to turn inward and begin to hook up to that inner signal, inner direction that became disconnected?*

Allow this scenario to unfold Child. Yes, at first in your imagination and then place emotion behind it and it will manifest.

Before your eyes see a hillock, a small rise in a beautiful park with trees swaying in a gentle evening breeze. The sun is almost ready to recede from view but the warm after glow of the sun's rays still light upon the faces of those gathered. Notice from their eyes and expression what current state their soul is in. Some will have eyelids shut, for the pain and suffering from denial of self is still too great to warrant participation. Some will be beaming, smiling joyfully. These are the ones who have found heaven on earth and can acknowledge your Divinity along with their own. Along with these few gathered are others in various stages of reawakening to their inner authority, their Divinity. Some will have glimpsed it and ignited the spark but still not quite trusting it is real; and still others will be in ecstasy fully connected and blasting out light rays all around them. We suggest that you now have everyone hold hands, helping those who are still too asleep to move on their own, and allow the energy to pass from one to another, one to another. The connection is made and begins to build because this power comes from the Divine Source and there is plenty. This energy replicates or duplicates the energy of the streaming child's heart at birth. It powers up flagging hearts and it kicks in new resolve and reawakening.

Notice that the folks who are awakened already do not force or coerce the others to awaken. There is no need to convince. The power inherent with the energy matrix of the Divine finds its own. It ignites and supports itself. Just being in the presence of others ALREADY connected tunes an individual once again to the station of their own inner authority from the Divine. The energy is gentle, loving, and supportive and it works.

Even the call of the lonely heart coming out in the dark reaches this Divine energy, the Source. Source ALWAYS, responds: ALWAYS, ALWAYS! No one is ever left alone. Even a child in distress and despair is heard and Source will comfort the child and reassure it. Again, what it looks like can often be upsetting or disturbing differing from what it feels like.

We wish to reflect back Child to a point in your own journey to connect to the Divine when you placed all your energy on sitting still and calling out to the Divine to answer the question, "Why me? Why me?" We responded Child. We were there. We placed our energy around your heart and we held you. We streamed our love and compassion over and around you and you rested your head on our shoulders. We wish to remind you that it took courage to allow the despair to surface to be fully present in the moment with your pain. We acknowledged your desire for peace and respite from your burden and we came to you streaming the energy of the Divine to you to hold you up and transmute it. Do you remember the great relief afterward? The almost forgetful state of "What was that all about?" the lighter heart and the gentler energy moving around your body? We did that, you and us together. Let it never be said that Spirit doesn't answer the call. Spirit allows and responds. It is the nature of the Divine to respond to the Divine. Nothing on your planet happens in a vacuum. Indeed Child, there is no such thing.

*Thank you for reminding me. So once a person is on their path and beginning to make and actualize choices based on their inner yearnings and connection to home, how can they strengthen this?*

When a being places their heart and their mind on, "There has to be better way than this!", then a search is initiated. As the call goes out to the Universe to be shown a better way, opportunities are presented to the individual that will directly address, "a better way." Ultimately the 'better way' will eventually lead to inner authority directly from Source but remember this is a monumental step away from the previous state of fear systematically reinforced by the collective that being Self is dangerous. Therefore, little steps at first will be implemented and encouraged by Spirit.

*So you're suggesting that when a person receives information, even if it appears outside themselves, from the outside world, then take those steps; even if they appear to be small and insignificant?*

To strengthen something means to reinforce it. Therefore, reinforce the solution. Reinforce stepping into what presents itself as a solution. Whatever will be presented will be challenging, yes, but doable, and it will achieve the goal of moving toward Home, the inner goal of self direction.

*What are the indicators or sign posts that reinforce the solution for the individual as opposed to something someone else is doing and is there a right and wrong path?*

There are beneficial paths and there are not so beneficial paths; and there are dead end paths. If pain and discomfort at living has already been acknowledged then to continue the same path is obviously a dead end path. Repeat performances on this stage of your current world reality are mostly dead ends. You're all so bored and "you've been there and done that." All humanity is looking, searching for something new. The irony is that the something new is the something old that's been

forgotten; your own individualized Divinity, your connection to All That Is; that sparks life, that returns one and connects one to the yearning for home, companionship, love and adoration. So what do you think? Might these self same Divine expressions be indicators that you're on the path? You betcha!

Does it matter if your path couples up with others or is initiated by others? Of course not. Does it matter if you're on your path solo, testing your blend of Divine against others? Of course not. As creative beings you will find infinite ways to return to Source as you have found infinite ways to deviate from it.

*Is the path homeward always hard? Many people seem to have such difficulty with it. Does it ever get easier?*

The effortlessness of traveling home to Source comes from stopping the struggle. Going home is not as difficult as most Humans might suppose. You have been so put upon from returning home by the perpetuation of myths. The myths of Divinity while strange and intriguing are only stories to tell of other's interpretations of lives returning to Source. No two Humans will ever experience the expansion into greater self in the same way. As one door opens to show a path to Home, others close out of boredom. Why would you wish to return Home the same way the Ancients did? It's already been done that way. Find another solution.

*Does that mean that the teachings from the past no longer apply or are useful?*

They are only useful as guidelines. Guidelines. How you interpret your given right, your prerogative to return to Source is yours alone. You may try other's ways. Again, if it resonates with love, companionship and adoration then it speaks of truthfulness for you. However, it is not set in stone as some might think about the right and wrong way to return Home. There is only what motivates you. It's important at this point to reinforce, strengthen the concept that you must be comfortable with your choice. The challenge of returning home ought to be exciting, thrilling. For in it is the inherent knowledge that you have found freedom and are free to choose your own destiny, and don't forget you have the greatest companion and counselor for the journey, YOU! All that you need for the journey is within you. Begin to take step's to trust it. Test it. See what your inner guidance feels like how does the energy of Home come to YOU? Can you begin with those baby steps even now and feel the quality Home within? As nervous and fearful as you may be to separate from the pack, can you not still embrace the deliciousness of your own sweet connection?

Try it. It beats boredom any day!

*Thank you Guides.*

You're most welcome

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